

Student ID Number / Name:	
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This planner guide is for program planning purposes only. Please refer to [myCap Schedule](#) for course schedules and course pre-requisites. It is the student's responsibility to always refer to the [Capilano University Calendar](#) for complete program requirements.

Program Requirements			
Course	Course Title	Course Credits	Grades
First Year			
ENGL 100	University Writing Strategies	3.00	
KINE 103	Active Health <i>[Note: KINE 103 is equivalent to HKIN 103 and KIN 143. Duplicate credit will not be granted for this course and either HKIN 103 or KIN 143.]</i>	3.00	
KINE 125	Introduction to Leadership in Health and Physical Activity <i>[Note: KINE 125 is equivalent to HKIN 125. Duplicate credit will not be granted for this course and HKIN 125.]</i>	3.00	
KINE 151	Biomechanics I <i>[Note: KINE 151 is equivalent to HKIN 151. Duplicate credit will not be granted for this course and HKIN 151.]</i>	3.00	
KINE 161	Leisure and Sport in Society <i>[Note: KINE 161 is equivalent to HKIN 161. Duplicate credit will not be granted for this course and HKIN 161.]</i>	3.00	
KINE 190	Human Physiology I <i>[Note: KINE 190 is equivalent to HKIN 190. Duplicate credit will not be granted for this course and HKIN 190.]</i>	3.00	
KINE 191	Human Physiology II <i>[Note: KINE 191 is equivalent to HKIN 191. Duplicate credit will not be granted for this course and HKIN 191.]</i>	3.00	
	KINE Elective at 100- or 200-Level	3.00	
	6.00 credits of Elective courses at 100- or 200-Level <i>[Note: Excluding KINE.]</i>	3.00	
		3.00	

Course	Course Title	Course Credits	Grades
Second Year			
CMNS 220	Advanced Business Writing and Editing	3.00	
KINE 206	Applications of Functional Anatomy	3.00	
KINE 230	Human Motor Behaviour I <i>[Note: KINE 230 is equivalent to HKIN 230. Duplicate credit will not be granted for this course and HKIN 230.]</i>	3.00	
KINE 231	Mental Theories in Sport and Exercise <i>[Note: KINE 231 is equivalent to HKIN 231. Duplicate credit will not be granted for this course and HKIN 231.]</i>	3.00	
KINE 261	Health, Policy and Society <i>[Note: KINE 261 is equivalent to HKIN 261. Duplicate credit will not be granted for this course and HKIN 261.]</i>	3.00	
KINE 275	Exercise Physiology <i>[Note: KINE 275 is equivalent to HKIN 275. Duplicate credit will not be granted for this course and HKIN 275.]</i>	3.00	
KINE 296	Kinesiology Career Seminar Series <i>[Note: KINE 296 is equivalent to HKIN 296. Duplicate credit will not be granted for this course and HKIN 296.]</i>	3.00	
	KINE Elective at 100- or 200-Level	3.00	
	6.00 credits of Elective courses at 100- or 200-Level <i>[Note: Excluding KINE.]</i>	3.00	
		3.00	
Total <u>Diploma</u> program credits:		60.00	

Course	Course Title	Course Credits	Grades
Third & Fourth Year			
	30.00 credits of Elective courses <i>[Note: At least 15 credits must be 300-level or higher (KINE or non-KINE).] [Note: At least 12 credits must be outside of KINE (100-Level or higher).]</i>	3.00	
		3.00	
		3.00	
		3.00	
		3.00	
		3.00	
		3.00	
		3.00	
		3.00	
		3.00	
KINE 301	Research Methods in Kinesiology	3.00	
KINE 302	Data Analysis	3.00	
KINE 329	Ethics in Kinesiology	3.00	
KINE 396	Career and Professional Preparation	3.00	
KINE 397	BKIN Field Studies I	3.00	
KINE 499	BKIN Capstone	3.00	
Students must choose one of the following concentrations: Option A) Exercise Science or Option B) Health Promotion			
<input type="checkbox"/> Option A) Exercise Science:			
KINE 317	Lab Techniques in Exercise Science	3.00	
KINE 320	Physiology of Healthy Aging	3.00	
KINE 375	Advanced Exercise Physiology	3.00	
KINE 390	Advanced Musculoskeletal Anatomy	3.00	
<input type="checkbox"/> Option B) Health Promotion:			
CMNS 355	Intercultural Communication	3.00	
KINE 325	Leadership in Health and Physical Activity	3.00	
KINE 331	Health Behaviour Change	3.00	
KINE 335	Health Promotion Planning and Evaluation	3.00	
Total Degree program credits:		120.00	

Comments:

- Students starting this program from September 2021 onwards are able to use this program planner. You may also refer to [Capilano University Academic Calendar](#) for your program profile requirements.
- **Quantitative/Analytical Requirement**: A Quantitative/Analytical course is a requirement of all University baccalaureate degrees.

Quantitative/Analytical Elective Course:	<input type="checkbox"/> KINE 151 (3.00)
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- **Residency Requirement**: Students transferring to Capilano University must complete a minimum of 50% of their program course credits at Capilano University, the majority of which will normally fulfill the requirements of their final years of study.
- **Graduation Requirement**: A *minimum CGPA of 2.00* (calculated on all program required courses) must be achieved to graduate from all Capilano University credentials. Programs may have additional graduation requirements as approved by the University Senate.
 - Check your cumulative Grade Point Average (cGPA) yourself using the [GPA Calculator](#) on CapU website.
- **Timeframe for Completion of the program and Graduation**: Students in a four-year program would be given ten years to complete their program.

- **Cap Core Requirement:** Students starting in their baccalaureate degree on or after Fall 2018 and graduating on or after June 2022 must meet Cap Core graduation requirements in addition to their program requirements.

Foundation (6 credits)	
Foundation - Literacy	<input type="checkbox"/> ENGL 100 (3.00)
Foundation - Numeracy	<input type="checkbox"/>
Integration (18 credits)	
Integration - Culture and Creative Expression	<input type="checkbox"/>
Integration - Science and Technology	<input type="checkbox"/> KINE 190 (3.00)
Integration - Self and Society	<input type="checkbox"/> KINE 161 (3.00)
Integration Elective: o Culture and Creative Expression o Science and Technology o Self and Society	<input type="checkbox"/> KINE 191 (3.00)
Integration Elective: o Culture and Creative Expression o Science and Technology o Self and Society	<input type="checkbox"/> KINE 230 (3.00)
Integration Elective: o Culture and Creative Expression o Science and Technology o Self and Society	<input type="checkbox"/> KINE 261 (3.00)
Professional Practice (6 credits)	
Professional Practice - Capstone	<input type="checkbox"/> KINE 499 (3.00)
Professional Practice - Experiential	<input type="checkbox"/> KINE 396 (3.00)

***Current KINE Courses and Former HKIN/KIN Courses Equivalency Chart**

KINE 103	<i>Equivalent to: HKIN 103, KIN 143</i>
KINE 112	<i>Equivalent to: HKIN 112</i>
KINE 125	<i>Equivalent to: HKIN 125</i>
KINE 151	<i>Equivalent to: HKIN 151</i>
KINE 161	<i>Equivalent to: HKIN 161</i>
KINE 162	<i>Equivalent to: HKIN 162, HKIN 252</i>
KINE 190	<i>Equivalent to: HKIN 190</i>
KINE 191	<i>Equivalent to: HKIN 191</i>
KINE 225	<i>Equivalent to: HKIN 225</i>
KINE 230	<i>Equivalent to: HKIN 230</i>
KINE 231	<i>Equivalent to: HKIN 231</i>
KINE 241	<i>Equivalent to: HKIN 241</i>
KINE 261	<i>Equivalent to: HKIN 261</i>
KINE 275	<i>Equivalent to: HKIN 275</i>
KINE 284	<i>Equivalent to: HKIN 284</i>
KINE 296	<i>Equivalent to: HKIN 296</i>
KINE 306	<i>Equivalent to: HKIN 205</i>