

Adult Basic Education

General Upgrading



Upgrade your future

Adult Basic Education (ABE) courses at CapU are an excellent way to complete high school courses required for your BC Adult Graduation Diploma (Adult Dogwood) and to meet admission requirements for college or university programs. Our instructors excel in providing individualized support to meet your needs.

Study at your own pace, tuition-free

Complete courses on a timeline that works for you. Our flexible course delivery is designed to support learners with busy lives. Take one course or several. Courses are tuition-free for Canadian citizens and permanent residents.

Available at all CapU campuses and online

Take upgrading courses at our locations in North Vancouver, Squamish and the Sunshine Coast, as well as the Ts'zil Learning Centre in Lil'wat. Online learners in mixed-mode courses can access individualized, in-person support from instructors at their local campus.

Courses offered in

- Biology
- Chemistry
- Physics
- Computer studies
- English
- Math
- And more

Program

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Individual courses | Starts in Sept, Jan, May | All Campuses, Online