



ABE Timetables (all campuses)

Spring 2026 Semester

January 5 - April 22, 2026

Scroll down to view the following timetables:

- ABE Completely Online Classes (all campuses)
- ABE North Vancouver Hybrid* (In-person + Online) Classes
- ABE Squamish Hybrid* (In-person + Online) Classes
- ABE Sechelt Hybrid* (In-person + Online) Classes

**Hybrid classes have 2 classes per week, one class is in a classroom, the other class is online.*

	MONDAY					TUESDAY					WEDNESDAY					THURSDAY					
	A										A					E					
		1A			1A			5C				1A		5F	1A					5D	1E
8:30 - 9:50		BBIO			BMTH			BENG				BBIO		BCHM BPHY BBIO	BMTH					BMTH	BMTH
		MG Online Zoom			RB Online Zoom			LA/AF Online Zoom				MG Online Zoom		BK Online Zoom	RB Online Zoom					GR Online Zoom	RB Online Zoom
10:00 - 11:20	C										C					F					
	1C				1C			7D	5D		1C		5C		1C		7D	1F	1F	1F	5F
	BCHM BPHY DD Online Zoom				BMTH			BENG	BMTH		BCHM BPHY DD Online Zoom		BENG		BMTH		BENG	BCHM BPHY DD Online Zoom	BENG	BMAF BMTH 021 RB Online Zoom	BCHM BPHY BBIO BK Online Zoom
11:30 - 12:50	E																				
					1E								1K								
					BMTH								BHST 052* TJ Online Zoom								
13:00 - 14:20	F					G					G					G					
		1F	1F	1F	7F	1G							1K			1G				7F	
		BCHM BPHY DD Online Zoom	BENG LA Online Zoom	BMAF BMTH 021 RB Online Zoom	BMTH HI Online Zoom	BCHM BPHY DD Online Zoom							BHST 052* TJ Online Zoom			BCHM BPHY DD Online Zoom				HI Online Zoom	
14:30 - 15:50	T					H					T					H					
	1T	1T			1T	1H					1T	1T			1T	1H					
	BCHM BPHY DD Online Zoom	BBIO MG Online Zoom			BMTH HI Online Zoom	BCHM BPHY DD Online Zoom					BCHM BPHY DD Online Zoom	BBIO MG Online Zoom			BMTH HI Online Zoom	BCHM BPHY DD Online Zoom					
17:30 - 18:50	V					W					V					W					
													1V								
													BCMP CH Online Zoom								
19:00 - 20:20	V					W					V					W					
													1V								
													BCMP CH Online Zoom								

All classes on this timetable are online.

For "Zoom" classes, instructors are available for Zoom meetings in the time blocks shown, other times are possible, contact your instructor for details.

* is for paced classes (the instructor sets the pace, class complete by end of semester)

** is the 2 course English package, ENGL 100 & BENG 052 (Offered in Fall Only)

After registering, students can log into their myCapU account to print a personal timetable.

CAP UNIVERSITY - 604-986-1911 (instructor local)

AF - Andrew French	(3041)	andrewfrench@capilano.ca
AV - Andrej Vlacil	(3041)	andrejvlacil@capilano.ca
AW - Alex Wagstaffe	(2539)	alexandrawagstaffe@capilano.ca
BK - Bill Kershaw	(3439)	wkershaw@capilano.ca
CS - Carol Schoen	(3451)	cschoen@capilano.ca
CH - Charles Hooge	(3007)	chooge@capilano.ca
CG - Colin Gilker (Coordinator)	(2572)	cgilker@capilano.ca
DD - Del Dhammi	(7242)	ddhammi@capilano.ca
DB - Don Bentley	(2588)	dbentley@capilano.ca

GR - Gordon Rudolph	(3004)	grudolph@capilano.ca
HI - Heather Ingram	(5906)	heatheringram@capilano.ca
IS - Isaac Seo		isaacseo@capilano.ca
JF - Jennifer Fitzgerald	(3510)	jenniferafitzgerald2@capilano.ca
LA - Lorraine Argatoff	(7241)	largatof@capilano.ca
MG - Michelle Gunness	(2552)	mgunness@capilano.ca
NB - Natasha Befus		natashabefus@capilano.ca
RB - Richard Brand	(3005)	thomasb@capilano.ca
SL - Sharon Leinweber	(2300)	sleinweber@capilano.ca
TJ - Tyrone Joe-Mayes	(7438)	tyronejoemayes@capilano.ca

ABE North Vancouver Hybrid (In-person + Online) Classes Spring 2026: January 5 - April 22

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY		
8:30 - 9:50	A						A					
10:00 - 11:20	C						C					
		1C						1C	6C			
		BBIO MG Online Zoom						BBIO MG In-person BR 381	BCHM BPHY BK In-person BR377			
11:30 - 12:50									6C			
									BCHM BPHY BK Online Zoom			
13:00 - 14:20						3G BMTH						3G BMTH
						GR In-person SH 209						GR Online Zoom
14:30 - 15:50					3H BENG						3H BENG	
					AF In-person SH 209						LA Online Zoom	
17:30 - 18:50	1U			1W						1W		
	BCHM BPHY BBIO AV In-person BR381				BMTH GR In-person BR 338						BMTH GR Online Zoom	
19:00 - 20:20	1U			1X						1X		
	BCHM BPHY BBIO AV Online Zoom				BENG AF In-person BR 338						BENG LA Online Zoom	

For "Zoom" classes, instructors are available for Zoom meetings in the time blocks shown, other times are possible, contact your instructor for details.

BR is the Birch Building, Capilano University on Purcell Way

SH is the Shipyards campus, Capilano University at Lonsdale Quay

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BK - Bill Kershaw	(3439)	wkershaw@capilano.ca
CH - Charles Hooze	(3007)	chooze@capilano.ca
CG - Colin Gilker (Coordinator)	(2572)	cgilker@capilano.ca
CS - Carol Schoen	(3451)	cschoen@capilano.ca
GR - Gordon Rudolph	(3004)	grudolph@capilano.ca
IS - Isaac Seo		issacseo@capilano.ca
LA - Lorraine Argatoff	(7241)	largatof@capilano.ca
MG - Michelle Gunness	(2552)	mgunness@capilano.ca
NB - Natasha Befus		natashabefus@capilano.ca



ABE Squamish Hybrid (In-person + Online) Classes Spring 2026: January 5 - April 22

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
8:30 - 9:50		4C BENG AF Online Zoom	4F BBIO, BCHM, BPHY BK Online Zoom	4D BMTH GR Online Zoom
10:00 - 11:20		4D BMTH GR In-person SA 305	4C BENG AF In-person SA 303	4F BBIO, BCHM, BPHY BK In-person SA 115
11:30 - 12:50				
13:00 - 14:20				
14:30 - 15:50				

For "Zoom" classes, instructors are available in the time blocks shown, other times are possible, contact your instructor for details.
After registering, students can log into their myCapU account to print a personal timetable.

CAP UNIVERSITY - 604-986-1911 (instructor local)

AF- Andrew French (3041) andrewfrench@capilano.ca

BK - Bill Kershaw (3439) wkershaw@capilano.ca

GR - Gordon Rudolph (3004) grudolph@capilano.ca

ABE Sechelt Hybrid (In-person + Online) Classes Spring 2026: January 5 - April 22

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
8:30 - 9:50				
10:00 - 11:20		6D BENG		6D BENG
		CG / AF Online Zoom		CG / AF In-person SE 107
11:30 - 12:50	6E BBIO, BCHM, BPHY BK In-person SE 125		6E BBIO, BCHM, BPHY BK Online Zoom	
13:00 - 14:20	6F BMTH HI In-person SE 107			6F BMTH HI Online Zoom
14:30 - 15:50				

For "Zoom" classes, instructors are available in the time blocks shown, other times are possible, contact your instructor for details.
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