



| COURSE OUTLINE | | |
|---------------------------|---|------------|
| TERM: Fall 2023 | COURSE NO: WLP 166 | |
| INSTRUCTOR: | COURSE TITLE: Introduction to Alpine Travel | |
| OFFICE: LOCAL: E-MAIL: | SECTION NO(S): | CREDITS: 2 |
| OFFICE HOURS: | | |
| COURSE WEBSITE: | | |

Capilano University acknowledges with respect the Lil'wat7úl (Lil'wat), xʷməθkʷəy̓əm (Musqueam), shíshálh (Sechelt), Skwxwú7mesh (Squamish), and Səlílwətaʔ/Selilwitulh (Tseil-Waututh) people on whose territories our campuses are located.

COURSE FORMAT

Pre-trip planning session plus an extended field excursion of 5 days and 4 nights

COURSE PREREQUISITES/COREQUISITES

REC 148, WLP 149 and WLP 126 as pre- or co-requisites

CALENDAR DESCRIPTION

Building on skills, knowledge, and certifications earned in previous courses students will be on an extended alpine mountain field excursion in summer and fall like conditions, including glacier travel. The course provides ample opportunity for students to deepen their interpersonal skills, work within a team and engage in a support role to the leader on a mountain traverse.

COURSE NOTE

This course consists of one pre-trip planning session plus a five day overnight field trip.

REQUIRED TEXTS AND/OR RESOURCES

Text *Freedom of the Hills, 9th edition*, The Mountaineers and selected Alpine Journal articles.
Course eLearn site

COURSE STUDENT LEARNING OUTCOMES

On successful completion of this course, students will be able to do the following:

1. Plan a multi-day trip through an alpine area, including travel in a variety of terrain and ascent of one or more peaks.
2. Assess the alpine environment including weather, geology and ecology and their impact on alpine travel and decision making.
3. Demonstrate basic rock climbing and rope management skills.

4. Select appropriate routes and techniques for travel in rocky mountainous terrain.
5. Select appropriate routes and develop techniques for competently travelling on snow.
6. Demonstrate basic competency for travel in glaciated terrain.

COURSE CONTENT

| Session | TOPIC |
|---------------------------|---|
| Pre-Trip Class & Planning | Introduction to alpine travel Where to find alpine opportunities locally and globally. Trip equipment requirements and code of conduct |
| Field Excursion | |
| | Navigation in mountain environments Equipment design and functionality and food consideration in mountain environment Degree of risk and search and rescue The nature of the mountains (i.e.: history and stories) Protection, ropes and tying in Electronic devices used in mountain environment Camping and regulations protocols Interpersonal skills and group management in a mountain environment Debrief |

EVALUATION PROFILE

| Assessment | % of Final Grade |
|------------------------------------|------------------|
| 1. Field Evaluation 1 | 20% - 40% |
| 2. Leadership Skills | 10% - 25% |
| 3. * Technical skills | 20% - 40% |
| 4. Professionalism & participation | 5% -15% |
| TOTAL | 100% |

*No one assignment will be more than 35%

Field evaluations: The ability to perform a specific skill at an acceptable or higher level as required by the industry certification.

Leadership skills: The ability to take initiative to motivate and inspire others and responds to the needs of the group and its individuals. Analyzes problems and develops sound alternatives. Takes time to think, acts rationally and avoids shortcuts. Takes charge of situations when needed and without prompting while understanding and respecting when to let others lead.

Technical skills: Develop basic outdoor skills and competencies in mountain terrain in summer like conditions.

Professionalism and participation: Includes elements of professionalism, attitude, punctuality and teamwork as described in the outdoor recreation management program skills evaluation form.

GRADING PROFILE

| | | | |
|-------------|------------|------------|-----------|
| A+ = 90-100 | B+ = 77-79 | C+ = 67-69 | D = 50-59 |
| A = 85-89 | B = 73-76 | C = 63-66 | F = 0-49 |
| A- = 80-84 | B- = 70-72 | C- = 60-62 | |

Incomplete Grades

Grades of Incomplete "I" will not be assigned in this course.

Missed Exams/Quizzes/Labs etc.

Make-up exams, quizzes and/or tests are given at the discretion of the instructor. They are generally given only in medical emergencies or severe personal crises. Some missed labs or other activities may not be able to be accommodated. Rescheduling will not be allowed for reasons such as holidays or work conflict, nor shall re-scheduling be possible after exams have been graded and returned. Please consult with your instructor. Final Exams are to be written on the date and time scheduled.

Attendance

Students are expected to attend all classes and associated activities. Attendance is mandatory if the delivery of this course is through a weekend based format. See course syllabus for penalties related to missed classes.

English Usage

Students are expected to proofread all written work for any grammatical, spelling and stylistic errors. Instructors may deduct marks for incorrect grammar and spelling in written assignments.

Electronic Devices

Students may use electronic devices during class for note-taking only or when working in groups on tasks assigned by the instructor.

On-line Communication

Outside of the classroom, instructors will (if necessary) communicate with students using either their official Capilano University email or eLearn; please check both regularly. Official communication between Capilano University and students is delivered to students' Capilano University email addresses only.

UNIVERSITY OPERATIONAL DETAILS

Tools for Success

Many services are available to support student success for Capilano University students. A central navigation point for all services can be found at: <https://www.capilanou.ca/student-services/>

Capilano University Security: download the [CapU Mobile Safety App](#)

Policy Statement (S2009-06)

Capilano University has policies on Academic Appeals (including appeal of final grade), Student Conduct, Academic Integrity, Academic Probation and other educational issues. These and other policies are available on the University website.

Academic Integrity (S2017-05)

Any instance of academic dishonesty or breach of the standards of academic integrity is serious and students will be held accountable for their actions, whether acting alone or in a group. See policy S2017-05 for more information: <http://www.capilanou.ca/about/governance/policies/Policies/>

Violations of academic integrity, including dishonesty in assignments, examinations, or other academic performances, are prohibited and will be handled in accordance with the Student Academic Integrity Procedures.

Academic dishonesty is any act that breaches one or more of the principles of academic integrity. Acts of academic dishonesty may include but are not limited to the following types:

Cheating: Using or providing unauthorized aids, assistance or materials while preparing or completing assessments, or when completing practical work (in clinical, practicum, or lab settings), including but not limited to the following:

- Copying or attempting to copy the work of another during an assessment;
- Communicating work to another student during an examination;
- Using unauthorized aids, notes, or electronic devices or means during an examination;
- Unauthorized possession of an assessment or answer key; and/or,
- Submitting of a substantially similar assessment by two or more students, except in the case where such submission is specifically authorized by the instructor.

Fraud: Creation or use of falsified documents.

Misuse or misrepresentation of sources: Presenting source material in such a way as to distort its original purpose or implication(s); misattributing words, ideas, etc. to someone other than the original source; misrepresenting or manipulating research findings or data; and/or suppressing aspects of findings or data in order to present conclusions in a light other than the research, taken as a whole, would support.

Plagiarism: Presenting or submitting, as one's own work, the research, words, ideas, artistic imagery, arguments, calculations, illustrations, or diagrams of another person or persons without explicit or accurate citation or credit.

Self-Plagiarism: Submitting one's own work for credit in more than one course without the permission of the instructors, or re-submitting work, in whole or in part, for which credit has already been granted without permission of the instructors.

Prohibited Conduct: The following are examples of other conduct specifically prohibited:

- Taking unauthorized possession of the work of another student (for example, intercepting and removing such work from a photocopier or printer, or collecting the graded work of another student from a stack of papers);
- Falsifying one's own and/or other students' attendance in a course;
- Impersonating or allowing the impersonation of an individual;
- Modifying a graded assessment then submitting it for re-grading; or,
- Assisting or attempting to assist another person to commit any breach of academic integrity.

Sexual Violence and Misconduct

All Members of the University Community have the right to work, teach and study in an environment that is free from all forms of sexual violence and misconduct. Policy B401 defines sexual assault as follows:

Sexual assault is any form of sexual contact that occurs without ongoing and freely given consent, including the threat of sexual contact without consent. Sexual assault can be committed by a stranger, someone known to the survivor or an intimate partner.

Safety and security at the University are a priority and any form of sexual violence and misconduct will not be tolerated or condoned. The University expects all Students and Members of the University Community to abide by all laws and University policies, including B.401 Sexual Violence and Misconduct Policy and B.401.1 Sexual Violence and Misconduct Procedure. See <https://www.capilanou.ca/about-capu/governance/policies/>

Emergencies: Students are expected to familiarise themselves with the emergency policies where appropriate and the emergency procedures posted on the wall of the classroom.

DEPARTMENT OR PROGRAM OPERATIONAL DETAILS

See course syllabus