

| COURSE OUTLINE  |  |                   |
|---|--|-------------------|
| <b>TERM: Fall 2020</b>                                | <b>COURSE NO: WLP 166</b>                          |                   |
| <b>INSTRUCTOR:</b>                                    | <b>COURSE TITLE: Introduction to Alpine Travel</b> |                   |
| <b>OFFICE: LOCAL:</b><br><b>E-MAIL: @capilanou.ca</b> | <b>SECTION NO(S):</b>                              | <b>CREDITS: 2</b> |
| <b>OFFICE HOURS:</b>                                  |  |                   |
| <b>COURSE WEBSITE:</b>                                |  |                   |

Capilano University acknowledges with respect the Lil'wat, Musqueam, Squamish, Sechelt, and Tsleil-Waututh people on whose territories our campuses are located.

### **COURSE FORMAT**

Forty hours delivered within a 15-week semester which includes two weeks for final exams and 4<sup>th</sup> hour activities. This course may be offered in a mixed-mode format.

### **COURSE PREREQUISITES**

WLP 126

### **CALENDAR DESCRIPTION**

In this course students will be introduced to the skills necessary to travel in mountain terrain in summer like conditions, including glacier travel. It also provides a range of interpersonal skills to enable the participant to work within a team and support the leader on a mountain traverse. This course includes a field-trip experience.

### **REQUIRED TEXTS AND/OR RESOURCES**

Text *Freedom of the Hills, 9<sup>th</sup> edition*, The Mountaineers and selected Alpine Journal articles. Course Moodle site.

### **COURSE STUDENT LEARNING OUTCOMES**

**On successful completion of this course, students will be able to do the following:**

1. Describe the opportunities for alpine travel globally and in British Columbia.
2. Plan a multi-day trip through an alpine area, including travel in a variety of terrain and ascent of one or more peaks.
3. Assess of the alpine environment including weather, geology and ecology and their impact on alpine travel and decision making.
4. Demonstrate basic rock climbing and rope management skills.
5. Select appropriate routes and techniques for travel in rocky mountainous terrain.
6. Select appropriate routes and develop techniques for competently travelling on snow.

7. Display basic competency for travel in glaciated terrain.
8. Understand the importance of and show effective group and self-management skills in alpine travel.

**COURSE CONTENT:**

| SESSIONS | TOPICS  |
|----------|---|
| 1        | Introduction and planning session   |
| 2        | Navigation in mountain environments   |
| 3        | Equipment design and functionality and food consideration in mountain environment |
| 4        | Degree of risk and search and rescue  |
| 5        | The nature of the mountains (i.e.: history and stories)                           |
| 6        | Protection, ropes and tying in  |
| 7        | Electronic devices used in mountain environment                                   |
| 8        | Camping and regulations protocols   |
| 9        | Interpersonal skills and group management in mountain environment                 |
| 10       | Debrief and conclusion  |

**EVALUATION PROFILE**

| Assessment                      | % of Final Grade | Individual/Group |
|---------------------------------|------------------|------------------|
| Field Evaluation 1              | 20%              | Individual       |
| Field Evaluation 2              | 25%              | Individual       |
| Leadership skills               | 20%              | Individual       |
| Technical skills                | 25%              | Individual       |
| Professionalism & participation | 10%              | Individual       |
| <b>TOTAL:</b>                   | <b>100%</b>      |                  |

**Field evaluations:** The ability to perform a specific skill at an acceptable or higher level as required by the industry certification.

**Leadership skills:** The ability to take initiative to motivate and inspire others and responds to the needs of the group and its individuals. Analyzes problems and develops sound alternatives. Takes time to think, acts rationally and avoids shortcuts. Takes charge of situations when needed and without prompting while understanding and respecting when to let others lead.

**Technical skills:** Develop basic outdoor skills and competencies in mountain terrain in summer like conditions.

**Professionalism and participation:** Includes elements of professionalism, attitude, punctuality and teamwork as described in the outdoor recreation management program skills evaluation form.

**GRADING PROFILE**

|             |            |            |           |
|-------------|------------|------------|-----------|
| A+ = 90-100 | B+ = 77-79 | C+ = 67-69 | D = 50-59 |
| A = 85-89   | B = 73-76  | C = 63-66  | F = 0-49  |
| A- = 80-84  | B- = 70-72 | C- = 60-62 |           |

**Incomplete Grades**

Grades of Incomplete "I" are assigned only in exceptional circumstances when a student requests extra time to complete their coursework. Such agreements are made only at the request of the student, who is responsible to determine from the instructor the outstanding requirements of the course.

**Late Assignments**

Assignments are due at the beginning of the class on the due date listed unless otherwise noted in the course syllabus. If you anticipate handing in an assignment late, please consult with your instructor beforehand. See course syllabus for penalties associated with late assignments.

**Missed Exams/Quizzes/Labs etc.**

Make-up exams, quizzes and/or tests are given at the discretion of the instructor. They are generally given only in medical emergencies or severe personal crises. Some missed labs or other activities may not be able to be accommodated. Rescheduling will not be allowed for reasons such as holidays or work conflict, nor shall re-scheduling be possible after exams have been graded and returned. Please consult with your instructor. Final Exams are to be written on the date and time scheduled.

**Attendance**

Students are expected to attend all classes and associated activities. See course syllabus for penalties related to missed classes.

**English Usage**

Students are expected to proofread all written work for any grammatical, spelling and stylistic errors. Instructors may deduct marks for incorrect grammar and spelling in written assignments.

**Electronic Devices**

Students may use electronic devices during class for note-taking only or when working in groups on tasks assigned by the instructor.

**On-line Communication**

Outside of the classroom, instructors will (if necessary) communicate with students using either their official Capilano University email or Moodle; please check both regularly. Official communication between Capilano University and students is delivered to students' Capilano University email addresses only.

## UNIVERSITY OPERATIONAL DETAILS

### Tools for Success

Many services are available to support student success for Capilano University students. A central navigation point for all services can be found at: <https://www.capilanou.ca/student-life/>

**Capilano University Security: download the [CapU Mobile Safety App](#)**

### Policy Statement (S2009-06)

Capilano University has policies on Academic Appeals (including appeal of final grade), Student Conduct, Academic Integrity, Academic Probation and other educational issues. These and other policies are available on the University website.

### Academic Integrity (S2017-05)

Any instance of academic dishonesty or breach of the standards of academic integrity is serious and students will be held accountable for their actions, whether acting alone or in a group. See policy and procedures S2017-05 Academic Integrity for more information: <https://www.capilanou.ca/about-capu/governance/policies/>

Violations of academic integrity, including dishonesty in assignments, examinations, or other academic performances, are prohibited and will be handled in accordance with the Student Academic Integrity Procedures.

**Academic dishonesty** is an act that breaches one or more of the principles of academic integrity. Acts of academic dishonesty may include but are not limited to the following types:

**Cheating:** Using or providing unauthorized aids, assistance or materials while preparing or completing assessments, or when completing practical work (in clinical, practicum, or lab settings), including but not limited to the following:

- Copying or attempting to copy the work of another during an assessment;
- Communicating work to another student during an examination;
- Using unauthorized aids, notes, or electronic devices or means during an examination;
- Unauthorized possession of an assessment or answer key; and/or,
- Submitting of a substantially similar assessment by two or more students, except in the case where such submission is specifically authorized by the instructor.

**Fraud:** Creation or use of falsified documents.

**Misuse or misrepresentation of sources:** Presenting source material in such a way as to distort its original purpose or implication(s); misattributing words, ideas, etc. to someone other than the original source; misrepresenting or manipulating research findings or data; and/or suppressing aspects of findings or data in order to present conclusions in a light other than the research, taken as a whole, would support.

**Plagiarism:** Presenting or submitting, as one's own work, the research, words, ideas, artistic imagery, arguments, calculations, illustrations, or diagrams of another person or persons without explicit or accurate citation or credit.

**Self-Plagiarism:** Submitting one's own work for credit in more than one course without the permission of the instructors, or re-submitting work, in whole or in part, for which credit has already been granted without permission of the instructors.

**Prohibited Conduct:** The following are examples of other conduct specifically prohibited:

- Taking unauthorized possession of the work of another student (for example, intercepting and removing such work from a photocopier or printer, or collecting the graded work of another student from a stack of papers);
- Falsifying one's own and/or other students' attendance in a course;
- Impersonating or allowing the impersonation of an individual;
- Modifying a graded assessment then submitting it for re-grading; or,
- Assisting or attempting to assist another person to commit any breach of academic integrity.

### **Sexual Violence and Misconduct**

All Members of the University Community have the right to work, teach and study in an environment that is free from all forms of sexual violence and misconduct. Policy B401 defines sexual assault as follows:

Sexual assault is any form of sexual contact that occurs without ongoing and freely given consent, including the threat of sexual contact without consent. Sexual assault can be committed by a stranger, someone known to the survivor or an intimate partner.

Safety and security at the University are a priority and any form of sexual violence and misconduct will not be tolerated or condoned. The University expects all Students and Members of the University Community to abide by all laws and University policies, including B.401 Sexual Violence and Misconduct Policy and B.401.1 Sexual Violence and Misconduct Procedure (found on Policy page <https://www.capilanou.ca/about-capu/governance/policies/>)

**Emergencies:** Students are expected to familiarise themselves with the emergency policies where appropriate and the emergency procedures posted on the wall of the classroom.

### **DEPARTMENT OR PROGRAM OPERATIONAL DETAILS**

See course syllabus