

	<b>CAPILANO UNIVERSITY</b>		
	<b>COURSE OUTLINE</b>		
<b>Course Title</b>	Challenging Behaviours and Mental Health Concerns		
<b>Course Number</b>	SEA 103	<b>Credits</b>	3.0
<b>Instructor</b>		<b>Email</b>	
<b>Term</b>	201510	<b>Office</b>	
<b>Phone</b>		<b>Local</b>	

### **COURSE FORMAT**

4.0 lecture hours per week over 15 weeks

### **COURSE PREREQUISITE**

None

### **EDUCATION ASSISTANT PROGRAM VISION STATEMENT**

The Education Assistant (EA) program prepares participants to work with children and adolescents who have diverse learning needs in inclusive educational settings Kindergarten - Grade 12. EA students are trained to support children who present with a wide variety of abilities so that these children can become fully participating members of a community of learners

### **GENERAL OVERVIEW**

Students will gain knowledge of various behaviour profiles and develop an understanding of how to support children/youth with behavioural difficulties in school environments. Mental health challenges will be explored. NVCI (non-violent crisis intervention) training, evaluation & certification is included.

### **LEARNING OUTCOMES**

*Students who successfully complete this course should be able to:*

1. Identify the characteristics and possible causes of different behaviour profiles.
2. Develop an understanding of what children and youth are communicating through different behaviour presentations.

3. Gain skills to manage personal feelings in a moment of crisis.
4. Develop effective strategies to support children and youth in developing new skills in social interaction, anger management and problem solving.
5. Recognize characteristics of children/youth who present with mental health challenges.
6. Participate in NVCI workshop training & certification
7. Identify risks to children/youth, self and others in educational environment and how to apply protocols to minimize risks.

## **COURSE CONTENT**

Session 1	Introduction and overview. Characteristics of students with behavioural challenges.
Session 2	Supporting students who exhibit acting-out behaviours (part one). Observation techniques and documentation procedures.
Session 3	Supporting students who exhibit acting-out behaviours (part two)
Session 4	Characteristics of students with mental health concerns.
Session 5	Bullying
Session 6	FASD, ARND
Session 7	ADHD and Anxiety
Session 8	Depression and other mood disorders
Session 9	Developing interpersonal skills
Session 10	Developing anger management strategies Functional behaviour assessments
Session 11	FBA behavioural supports
Session 12	Personal wellness: recognizing mental health challenges and resources
Session 13	Non-violent crisis intervention (*NVCI) training
Session 14	Non-violent crisis intervention (*NVCI) training and certification
Session 15	Non-violent crisis intervention (*NVCI) training and certification

## **REQUIRED TEXTS**

None

Reading lists and articles will be provided by instructor first day of course.

## **EVALUATION PROFILE**

Marks will be based on completion of assignments, projects, presentations, successful completion of NVCI training, class participation and attendance.

Personal Profile (for students who present with challenging behaviour)	10%
Attendance	5%
Participation	10%
In-Class Assignments (x 3)	30%
In-Class Presentations (x2)	25%
Functional Behaviour Assessment Investigation	<u>20%</u>
<b>TOTAL</b>	<b>100%</b>

**CONTINUATION REQUIREMENT** A student who fails any course may not be allowed to continue in the program.

**GRADUATION REQUIREMENT** To receive an EA certificate, students must pass all courses and practicum; achieving CGPA of B or better.

## **GRADING PROFILE**

A+ = 90 - 100	B+ = 77 - 79	C+ = 67 - 69	D = 50 - 59
A = 85 - 89	B = 73 - 76	C = 63 - 66	F = 49 and below
A- = 80 - 84	B- = 70 - 72	C- = 60 - 62	

## **ASSIGNMENTS**

1. Details of assignments will be provided by the instructor at start of the course
2. Nonviolent Crisis Intervention® training focuses on prevention and offers proven strategies for safely defusing anxious, hostile, or violent behavior at the earliest possible stage.

## **OPERATIONAL DETAILS**

Capilano University has policies on Academic Appeals (including appeal of final grade), Student Conduct, Cheating and Plagiarism, Academic Probation and other educational issues. These and other policies are available on the University website.

Attendance	Regular attendance is essential. If a student misses a class due to extenuating circumstances, they are still responsible for the material covered during their absence, including announcements, assigned readings and hand-outs. Make up work may be assigned by the instructor. It is the student's responsibility to arrange this with the instructor. Students who miss more than 10% of the course are at risk of failing the course.
Participation	This mark is based on both the frequency and quality of the student's comments, questions, observations, and involvement, with the emphasis on quality. The quality is determined by, among other things, the relevance, insight and clarity of remarks. Reading the required readings in advance will support a student's ability to participate. Not attending, being late to class or being late returning from breaks, will impact the overall participation grade.
Punctuality	Punctuality is essential in both classroom courses and practicum given the professional nature of the program.
Academic Responsibility	<p>Each student is responsible for the material covered in class and for any work required for the following class. If a student misses a class, they have the responsibility to contact a peer and obtain the notes, handouts and work for future classes.</p> <p>The quality of work should provide both adequate depth and breadth so as to demonstrate a commitment to your professional development and that the competencies required of the course have been successfully met.</p>
Missed Assignments, Presentations, In-class Projects, Exams and Quizzes	<p>Students will be allowed to make up assignments, presentations, in-class projects, exams and quizzes at the faculty member and department's discretion. Adequate documentation from a medical professional must be provided upon request.</p>
Late Assignments:	<p>All assignments are due at the beginning of class on the due date. Late assignments will be accepted if adequate documentation from a medical professional is provided upon request.</p> <p>Without required documentation all other late assignments will not be graded, although all assignments must be submitted in order to receive a passing grade in the course.</p>

Extenuating Circumstances	<p>Submissions in writing will be reviewed by the Department. Based on the review, faculty may agree alternative arrangements with the following condition:</p> <ul style="list-style-type: none"> <li>- Loss of 10% per day</li> </ul>
Cheating & Plagiarism:	<p>Cheating is an act of deceit, fraud, distortion of the truth, or improper use of another person's effort to obtain an academic advantage.</p> <p>Plagiarism is the presentation of another person's or source's words and/or ideas as if they were one's own. It ranges from an entire assignment which is not the student's own work to specific passages within an assignment taken from a source without appropriate acknowledgement.</p> <p>Students are responsible for ensuring that they understand and follow the principles of proper documentation and scholarship. If in doubt about these matters, students should consult their instructor, the Writing Centre, or the Library. Students are responsible for ensuring that they understand what constitutes cheating and plagiarism and that these violations of proper academic practice have serious consequences</p> <p>The instructor has the right to assign a grade of "0" on the examination or assignment, or, at the instructor's discretion, a letter grade "F" / No Credit on the course.</p> <p>Second incidents of cheating or plagiarism, or first incidents deemed by a department/instructor to be particularly serious, will be dealt with according to the University policy available on the University website.</p>
Incomplete Grades	<p>"I" Grades will be given only when <b>prior</b> arrangement has been made in writing between the instructor and the student specifying the exact nature of the work to be done and the date it is to be received.</p>
English Usage:	<p>All assignments are marked for correct English usage, proofreading, and formatting. At the instructor's discretion, any assignment not reaching these standards may be returned for revision and resubmission. Maximum grade assigned for a revised assignment is "C".</p>
Professionalism	<p>All students are expected to maintain the program's standards of academic achievement and professional behaviour. In practicum centres and in the classroom, students will adhere to their professional areas' Code of Ethics at all times.</p>
Emergency Procedures	<p>Please read the emergency procedures posted on the wall of the classroom.</p>