



CAPILANO UNIVERSITY

COURSE OUTLINE		
TERM: Fall 2023	COURSE NO: REC 222	
INSTRUCTOR:	COURSE TITLE: Transformational Leadership and Experiential Education	
OFFICE: LOCAL: E-MAIL:	SECTION NO(S):	CREDITS: 4
OFFICE HOURS:		
COURSE WEBSITE: eLearn		

Capilano University acknowledges with respect the Lil'wat7úl (Lil'wat), xʷməθkʷəy̓əm (Musqueam), shíshálh (Sechelt), Sk̓wx̓wú7mesh (Squamish), and Səlílwətaʔ/Selilwitulh (Tseil-Waututh) people on whose territories our campuses are located.

COURSE FORMAT

The course has both an in-class and field excursion components, which is three days and two nights. The in-class is delivered as three hours of class time, plus an additional hour delivered through on-line or other activities, for 11 weeks in a 15-week semester, which includes two weeks for final exams, and may also be offered in mixed mode format. The field excursion is completed prior to the start of in-class sessions.

PREREQUISITES

27 credits of 100-level or higher course work, including REC 148.

CALENDAR DESCRIPTION

This course is designed to increase the students' understanding of experiential and transformational leadership, and to help build the skills required to be effective outdoor educators and leaders. Students will develop experiential educational techniques and skills, to lead outdoor education and instructional programs. The course will provide a set of engaged, hands-on experiences for exploring and mastering the capabilities for effective individual and team leadership. Students will improve their capacities to think strategically, communicate effectively, and act decisively as a leader.

COURSE NOTE

This course includes a field study experience which consists of one pre-trip planning session plus a three day overnight field trip.

REQUIRED TEXT AND/OR RESOURCES

See course syllabus.

COURSE LEARNING OUTCOMES

On successful completion of this course, students will be able to do the following:

1. Develop the required hard skills to build competency and confidence as a leader.
2. Demonstrate effective leadership experiential learning methodologies and teaching in various environments.
3. Critically reflect on the actions and the processes for engaged leadership and decision making.
4. Communicate with clarity, conciseness and effectiveness through written and oral communication as an outdoor leader.
5. Demonstrate professional preparedness, attitudes and behaviors appropriate to the adventure tourism and outdoor recreation industry.

COURSE CONTENT

Weeks	TOPIC(S)
1	Pre -trip Meeting Introduction to course Equipment and code of conduct Assessment of leadership knowledge
2	Field Excursion Transformational leadership Facilitation skills
	Beginning of In-class Sessions
3	Authentic leadership Personal inventory Values and ethics in leadership
4	Engagement and purpose in field-based leadership Facilitation task 1 Leadership task
5	Accountability Self-mastery
6	Reflection skills Trust and relationship-building in the field
7	Transformational leadership challenges Applied leadership
8	Self-discipline skills Group development

9	Judgement and decision making
10	Focusing skills Teaching strategies
11	Teaching techniques in the outdoors
12	Facilitation task 2
13	After action review
14 & 15	Final exam period

EVALUATION PROFILE:

Assessment	% of Final Grade
Professionalism and Participation	5% -15%
Assignments*	40%- 70%
Quizzes / Midterms / Final Exam*	20%-60%
TOTAL:	100%

*These consist of several smaller assignments. No one assignment will be valued at more than 35% of the final grade.

Assignment Descriptions:**Participation**

Participation grades are based on the consistency, quality, and frequency of contributions to class discussions. Consistency means attending every class, maintaining a positive and respectful presence in the classroom, and actively contributing to discussions on a regular basis. Quality means demonstrating respect for peers and their contributions; listening attentively during lectures and when other students are speaking; and participating in all activities with an open and inquisitive mind.

GRADING PROFILE

A+ = 90-100	B+ = 77-79	C+ = 67-69	D = 50-59
A = 85-89	B = 73-76	C = 63-66	F = 0-49
A- = 80-84	B- = 70-72	C- = 60-62	

Incomplete Grades

Grades of Incomplete "I" are assigned only in exceptional circumstances when a student requests extra time to complete their coursework. Such agreements are made only at the request of the student who is responsible to determine from the instructor the outstanding requirements of the course.

Late Assignments

Assignments are due at the beginning of the class on the due date listed unless otherwise noted in the course syllabus. If you anticipate handing in an assignment late, please consult with your instructor beforehand. See course syllabus for penalties associated with late assignments.

Missed Exams/Quizzes/Labs etc.

Make-up exams, quizzes and/or tests are given at the discretion of the instructor. They are generally given only in medical emergencies or severe personal crises. Some missed labs or other activities may not be able to be accommodated. Rescheduling will not be allowed for reasons such as holidays or work conflict, nor shall re-scheduling be possible after exams have been graded and returned. Please consult with your instructor. Final Exams are to be written on the date and time scheduled.

Attendance

Students are expected to attend all classes and associated activities. Attendance is mandatory if the delivery of this course is through a weekend based format. See course syllabus for penalties related to missed classes.

English Usage

Students are expected to proofread all written work for any grammatical, spelling and stylistic errors. Instructors may deduct marks for incorrect grammar and spelling in written assignments.

Electronic Devices

Students may use electronic devices during class for note-taking only or when working in groups on tasks assigned by the instructor.

On-line Communication

Outside of the classroom, instructors will (if necessary) communicate with students using either their official Capilano University email or Moodle; please check both regularly. Official communication between Capilano University and students is delivered to students' Capilano University email addresses only.

UNIVERSITY OPERATIONAL DETAILS**Tools for Success**

Many services are available to support student success for Capilano University students. A central navigation point for all services can be found at: <https://www.capilanou.ca/student-services/>

Capilano University Security: download the [CapU Mobile Safety App](#)

Policy Statement (S2009-06)

Capilano University has policies on Academic Appeals (including appeal of final grade), Student Conduct, Academic Integrity, Academic Probation and other educational issues. These and other policies are available on the University website.

Academic Integrity (S2017-05)

Any instance of academic dishonesty or breach of the standards of academic integrity is serious and students will be held accountable for their actions, whether acting alone or in a group. See policy and procedures S2017-05 Academic Integrity for more information:

<https://www.capilanou.ca/about-capu/governance/policies/>

Violations of academic integrity, including dishonesty in assignments, examinations, or other academic performances, are prohibited and will be handled in accordance with the Student Academic Integrity Procedures.

Academic dishonesty is an act that breaches one or more of the principles of academic integrity. Acts of academic dishonesty may include but are not limited to the following types:

Cheating: Using or providing unauthorized aids, assistance or materials while preparing or completing assessments, or when completing practical work (in clinical, practicum, or lab settings), including but not limited to the following:

- Copying or attempting to copy the work of another during an assessment;
- Communicating work to another student during an examination;
- Using unauthorized aids, notes, or electronic devices or means during an examination;
- Unauthorized possession of an assessment or answer key; and/or,
- Submitting of a substantially similar assessment by two or more students, except in the case where such submission is specifically authorized by the instructor.

Fraud: Creation or use of falsified documents.

Misuse or misrepresentation of sources: Presenting source material in such a way as to distort its original purpose or implication(s); misattributing words, ideas, etc. to someone other than the original source; misrepresenting or manipulating research findings or data; and/or suppressing aspects of findings or data in order to present conclusions in a light other than the research, taken as a whole, would support.

Plagiarism: Presenting or submitting, as one's own work, the research, words, ideas, artistic imagery, arguments, calculations, illustrations, or diagrams of another person or persons without explicit or accurate citation or credit.

Self-Plagiarism: Submitting one's own work for credit in more than one course without the permission of the instructors, or re-submitting work, in whole or in part, for which credit has already been granted without permission of the instructors.

Prohibited Conduct: The following are examples of other conduct specifically prohibited:

- Taking unauthorized possession of the work of another student (for example, intercepting and removing such work from a photocopier or printer, or collecting the graded work of another student from a stack of papers);
- Falsifying one's own and/or other students' attendance in a course;
- Impersonating or allowing the impersonation of an individual;
- Modifying a graded assessment then submitting it for re-grading; or,
- Assisting or attempting to assist another person to commit any breach of academic integrity.

Sexual Violence and Misconduct:

All Members of the University Community have the right to work, teach and study in an environment that is free from all forms of sexual violence and misconduct. Policy B401 defines sexual assault as follows:

Sexual assault is any form of sexual contact that occurs without ongoing and freely given consent, including the threat of sexual contact without consent. Sexual assault can be committed by a stranger, someone known to the survivor or an intimate partner.

Safety and security at the University are a priority and any form of sexual violence and misconduct will not be tolerated or condoned. The University expects all Students and Members of the University Community to abide by all laws and University policies, including B.401 Sexual Violence and Misconduct Policy and B.401.1 Sexual Violence and Misconduct Procedure (found on Policy page <https://www.capilanou.ca/about-capu/governance/policies/>)

Emergencies: Students are expected to familiarize themselves with the emergency policies where appropriate and the emergency procedures posted on the wall of the classroom.

DEPARTMENT OR PROGRAM OPERATIONAL DETAILS

See course syllabus.