



COURSE OUTLINE		
TERM: Fall 2025	COURSE NO: MT 360	
INSTRUCTOR:	COURSE TITLE: Music Therapy I	
OFFICE: LOCAL: E-MAIL:	SECTION NO(S):	CREDITS: 3.0
OFFICE HOURS:		
COURSE WEBSITE:		

Capilano University acknowledges with respect the Lilwat7úl (Lil'wat),xʷmə Ṽ 0kʷəyəm (Musqueam), shíshálh (Sechelt), Skwxwú7mesh (Squamish), and Səlílwətaʔ/Selilwitulh (Tsleil-Waututh) people on whose territories our campuses are located.

#### COURSE FORMAT

Three hours of class time, plus an additional hour delivered through on-line or other activities for a 15-week semester, which includes two weeks for final exams.

#### COURSE PREREQUISITES/CO-REQUISITES

None

#### CALENDAR DESCRIPTION

This course is an introduction to the development of music therapy, including the history of the profession globally, in Canada, and at Capilano University. Readings and discussion will discuss traditional schools of therapy, pioneers, and current practitioners. Readings and discussion of clinical work with older adults will introduce theoretical constructs, applied models, person-centered approaches, and issues of relevance. To deepen understanding of the values, practices, challenges and ethics of therapy, students reflect on their life experience as it relates to material in this course.

#### REQUIRED TEXTS AND/OR RESOURCES

##### Required readings:

Readings as shown on MT360 eLearn site.

##### Recommended readings:

Clair, A., & Memmott, J. (2008). *Therapeutic use of music with older adults*. (2nd Ed.).

Silver Springs, MD: American Music Therapy Association ("C&M")

Tomaino, C. (2024). *Music has power in senior wellness and healthcare: Best practices from music therapy*. London: Jessica Kingsley Publishers. ("CT")

**COURSE STUDENT LEARNING OUTCOMES**

**On successful completion of this course, the students will be able to:**

1. Identify and discuss history, theories, and approaches used by music therapy pioneers and schools of psychotherapy;
2. Identify, discuss, and present their own music therapy definition;
3. Critically examine issues of concern for adults as they age and articulate relevant music therapy approaches;
4. Articulate and begin to integrate relevant clinical concepts, awareness, and skills into their identity as a music therapist; and
5. Become a reflective learner and practitioner by identifying personal resources and values and integrating with clinical learning.

**COURSE CONTENT**

Week	Content	Assignments, Readings, Papers Due
1	Introduction to music therapy Defining music therapy and psychotherapy as used today	Read Bruscia chapter 2 p. 29-26; chapter 4 p. 46-50 Review Music Therapy definition assignment Read Module 1 CT p. 23-32
2	Development and history of music therapy Music therapy pioneers	Read Byers chapter 1 p. 3-13 Review Pioneers
3	Canadian music therapy and pioneers	Review Buchanan, Corneille, Howard, Kirkland, Shugar plus Kruger articles
4	Schools of psychotherapy and music therapy	Read Wheeler p. 9-15 Discuss Schools of Psychotherapy
5	Voice leadership in clinical work	Music therapy definition presentation
6	Overview of long-term care in BC Music therapy and seniors in the community	Read chapter 2 of Clair and Memmott book Choose care conference resident profile preferences
7	Music therapy and dementia in long-term care I	Read chapter 3 C&M Read Module 5 CT p. 159-215 Care conference groups #1
8	Music therapy and dementia in long-term care II	Care conference groups #2
9	Music therapy in late- stage dementia and end of life care in LTC	Read chapter 7 C&M p. 208-213 Care conference groups #3
10	Music therapy and rehabilitation in long-term care	Read chapter 8 C&M p. 227-249 Read Module 7 CT p. 215-239 Care conference groups #4

11	Music therapy and mental health in long-term care	Read chapter 4 C&M p. 103-107 Read Module 4 CT p. 103-159 Care conference groups #5 Group proposals due
12	Overview of final reflective paper Review and integration	Care conference presentations
13	Completion of course Introduction to practicum	Care conference presentations and care conference final written assignment due
14-15	Final Exam Period	Final reflective paper due

### EVALUATION PROFILE

Evaluation Item	Weight
Care conference group presentation	30%
Final reflective paper	30%
Music therapy definition	20%
Professionalism	10%
Learning Engagement	10%
<b>TOTAL</b>	<b>100%</b>

### ASSIGNMENTS

Submit all as double-spaced assignments through eLearn.

#### Care conference group presentation

During class, small groups will prepare and present a clinical report in an oral “care conference” style interdisciplinary team meeting. This includes a brief preliminary proposal, an in-class group presentation and an individual final written assignment.

#### Final reflective paper

Building on content, awareness, articles, and learning from class discussion, readings, and assignments this term, students will create an integrative reflective paper that is an immersive experience of projecting life as an older adult, using current literature and class discussions as a framework.

#### Music therapy definition

From what is presented in class and from your readings, create your own response to “what is music therapy?” Include sources, schools that are applicable, rationale and examples. An oral presentation and a short written paper is required.

#### Professionalism

The professionalism mark will reflect consistent attendance, punctuality (including returning

from breaks on time), and taking responsibility for clear, effective and respectful communication with instructor and cohort members (especially re illness, lateness, absence). Students will have effective management of stress, be attentive, and will demonstrate effective leadership and teamwork skills.

### **Learning Engagement**

The learning engagement mark is for active participation and high quality of involvement in class and small group discussions that includes frequency and relevance of student's comments and questions. It includes demonstrating insight and inquiry into the topic being discussed, sharing self-awareness and critical self-evaluation, and being receptive to other's opinions. Preparing the readings will support a student's ability to participate and participate a professional manner.

### **GRADING PROFILE**

A+ = 90-100	B+ = 77-79	C+ = 67-69	D = 50-59
A = 85-89	B = 73-76	C = 63-66	F = 0-49
A- = 80-84	B- = 70-72	C- = 60-62	

### **Incomplete Grades**

Grades of Incomplete "I" are assigned only in exceptional circumstances when a student requests extra time to complete their coursework. Such agreements are made only at the request of the student, who is responsible to determine from the instructor the outstanding requirements of the course.

### **Late Assignments**

Marks will be deducted for the late submission of assignments. The penalty for the late submission of an assignment is .5 of a mark per day. After one week late, students are expected to submit completed assignments but they would also expect to receive a zero mark

### **Missed Exams/Quizzes/Labs etc.**

Students will be allowed to make-up exams and quizzes only under the following conditions: if a doctor's certificate of illness is provided; if, in the case of the death of a close family member, a death certificate is provided; if prior approval of the instructor has been obtained.

\*\*\* Accommodations can be made to honour community needs and traditional practices.

### **Attendance**

Attendance is essential. Students missing more than two classes can expect a faculty review and may receive no credit.

### **English Usage**

English usage must be clear and grammatically correct.

### **Electronic Devices**

Students may use electronic devices during class for note-taking only.

**On-line Communication**

Outside of the classroom, instructors will (if necessary) communicate with students using either their official Capilano University email or eLearn; please check both regularly. Official communication between Capilano University and students is delivered to students' Capilano University email addresses only.

**UNIVERSITY OPERATIONAL DETAILS****Tools for Success**

Many services are available to support student success for Capilano University students. A central navigation point for all services can be found at: <https://www.capilanou.ca/student-services/>

**Capilano University Security: download the [CapU Mobile Safety App](#)**

**Policy Statement (S2009-06)**

Capilano University has policies on Academic Appeals (including appeal of final grade), Student Conduct, Academic Integrity, Academic Probation and other educational issues. These and other policies are available on the University website.

**Academic Integrity (S2017-05)**

Any instance of academic dishonesty or breach of the standards of academic integrity is serious and students will be held accountable for their actions, whether acting alone or in a group. See policy and procedures S2017-05 Academic Integrity for more information:

<https://www.capilanou.ca/about-capu/governance/policies/>

Violations of academic integrity, including dishonesty in assignments, examinations, or other academic performances, are prohibited and will be handled in accordance with the Student Academic Integrity Procedures.

**Academic dishonesty** is any act that breaches one or more of the principles of academic integrity. Acts of academic dishonesty may include but are not limited to the following types:

**Cheating:** Using or providing unauthorized aids, assistance or materials while preparing or completing assessments, or when completing practical work (in clinical, practicum, or lab settings), including but not limited to the following:

- Copying or attempting to copy the work of another during an assessment;
- Communicating work to another student during an examination;
- Using unauthorized aids, notes, or electronic devices or means during an examination;
- Unauthorized possession of an assessment or answer key; and/or,
- Submitting of a substantially similar assessment by two or more students, except in the case where such submission is specifically authorized by the instructor.

**Fraud:** Creation or use of falsified documents.

**Misuse or misrepresentation of sources:** Presenting source material in such a way as to distort its original purpose or implication(s); misattributing words, ideas, etc. to someone other than the original source; misrepresenting or manipulating research findings or data; and/or suppressing aspects of findings or data in order to present conclusions in a light other than the research, taken as a whole, would support.

**Plagiarism:** Presenting or submitting, as one's own work, the research, words, ideas, artistic imagery, arguments, calculations, illustrations, or diagrams of another person or persons without explicit or accurate citation or credit.

**Self-Plagiarism:** Submitting one's own work for credit in more than one course without the permission of the instructors, or re-submitting work, in whole or in part, for which credit has already been granted without permission of the instructors.

**Prohibited Conduct:** The following are examples of other conduct specifically prohibited:

- Taking unauthorized possession of the work of another student (for example, intercepting and removing such work from a photocopier or printer, or collecting the graded work of another student from a stack of papers);
- Falsifying one's own and/or other students' attendance in a course;
- Impersonating or allowing the impersonation of an individual;
- Modifying a graded assessment then submitting it for re-grading; or,
- Assisting or attempting to assist another person to commit any breach of academic integrity.

### **Sexual Violence and Misconduct**

All Members of the University Community have the right to work, teach and study in an environment that is free from all forms of sexual violence and misconduct. Policy B401 defines sexual assault as follows:

Sexual assault is any form of sexual contact that occurs without ongoing and freely given consent, including the threat of sexual contact without consent. Sexual assault can be committed by a stranger, someone known to the survivor or an intimate partner.

Safety and security at the University are a priority and any form of sexual violence and misconduct will not be tolerated or condoned. The University expects all Students and Members of the University Community to abide by all laws and University policies, including B.401 Sexual Violence and Misconduct Policy and B.401.1 Sexual Violence and Misconduct Procedure (found on Policy page <https://www.capilanou.ca/about-capu/governance/policies/>)

**Emergencies:** Students are expected to familiarise themselves with the emergency policies where appropriate and the emergency procedures posted on the wall of the classroom.

### **PROGRAM OPERATIONAL DETAILS**

Continuance in the Music Therapy program is contingent upon a successful level of completion in

academic, clinical and personal areas, as jointly assessed by faculty each term. Consult the Coordinator or the Student Handbook for more information.