

## Community and Campus Engagement Worksheet

Capilano University administers a number of awards that support students who demonstrate engagement and involvement within their communities and on campus. These awards are listed in the [Scholarships, Bursaries & Awards Guide](#) under the *Demonstrated Engagement* category.

To be considered for these awards:

- 1) Fill out the [online Scholarships, Bursaries, Awards application](#) and
  - 2) Complete this worksheet. Ensure all of your text fits within the provided text box (625 character limit).
- Many different types of pursuits may be considered involvement and engagement with your community and on campus
  - Use this worksheet to outline the relevant activities you regularly volunteer or participate in (e.g. school clubs, tutoring, mentoring, working with children, working with volunteer organizations, taking initiative in building a better community, etc.). Involvement in organized sports, such as coaching or participating as part of an athletic team, may also provide a strong contribution to your school or community and could be included on this worksheet.
  - For each activity, indicate if you were motivated to participate by a scholastic requirement or your personal interest.
  - Complete this worksheet electronically and email it to [finaid@capilanou.ca](mailto:finaid@capilanou.ca) from your CapU student email account.

Name of Organization/Type of Activity	Details about the activity, your specific role, the results of your participation, the leadership goals you achieved, etc.	Dates (mm/yyyy)		Total Hours
		Start	End	
<i>Example</i> Western Streamkeepers Society/ Volunteer	<i>Example</i> <ul style="list-style-type: none"> <li>• The Streamkeepers Society helps maintain fish habitats by keeping streams clean</li> <li>• My role is to help remove garbage from various creeks with pre-school aged children. My participation is resulting in cleaner fish habitats and helping young children build a better understanding of our ecosystem</li> <li>• I brought forward a proposal for the expansion of the society. The society endorsed and adopted my proposal, and I am leading the expansion initiatives by overseeing the activities I proposed. The activities are...</li> </ul>	<i>Example</i> 01/2022	<i>Example</i> (present)	<i>Example</i> 160 hrs. (average 2 hrs per week, for 10 months a year, over 2 years)

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**Attach additional pages as needed**

**Applicant Declaration**

I understand that this worksheet forms part of my application for Summer 2026 Scholarships, Bursaries, and Awards at Capilano University. As such, the applicant statement I agreed to on my Summer 2026 online award application is in effect for this Worksheet.

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*Financial Aid & Awards*  
[finaid@capilanou.ca](mailto:finaid@capilanou.ca)

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