

Capilano University administers a number of awards that support students who demonstrate engagement and involvement within their communities and on campus. These awards are listed in the Scholarships, Bursaries & Awards Guide under the Demonstrated Engagement category.

To be considered for these awards:

- 1) Fill out the online Scholarships, Bursaries, Awards application and
- 2) Complete this worksheet. Ensure all of your text fits within the provided text box (625 character limit).
- Many different types of pursuits may be considered involvement and engagement with your community and on campus
- Use this worksheet to outline the relevant activities you regularly volunteer or participate in (e.g. school clubs, tutoring, mentoring, working with children, working with volunteer organizations, taking initiative in building a better community, etc.). Involvment in organized sports, such as coaching or participating as part of an athletic team, may also provide a strong contribution to your school or community and could be included on this worksheet.
- For each activity, indicate if you were motivated to participate by a scholastic requirement or your personal interest.
- Complete this worksheet electronically and email it to finaid@capilanou.ca from your CapU student email account.

Name/type of activity	Details about the activity, your specific role, the results of your participation, the leadership goals you achieved, etc.	Dates (mm/yyyy)		Total Hours
		Start	End	-
Example	Example	Example	Example	Example
Western Streamkeepers Society	 The Streamkeepers Society helps maintain fish habitats by keeping streams clean My role is to help remove garbage from various creeks with pre-school aged children. My participation is resulting in cleaner fish habitats and helping young children build a better understanding of our ecosystem I brought forward a proposal for the expansion of the society. The society endorsed and adopted my proposal, and I am leading the expansion initiatives by overseeing the activities I proposed. The activities are 	01/2022	(present)	160 hrs. (average 2 hrs per week, for 10 months a year, over 2 years)



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the applicant statement I agreed to o	on my Spring 2026 online award application is in	effect for this Worksheet.				
APPLICANT SIGNATURE		DATE				
	Financial A	id & Awards				

finaid@capilanou.ca



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