

Community and Campus Engagement Worksheet

Capilano University administers a number of awards that support students who demonstrate engagement and involvement within their communities and on campus. These awards are listed in the [Scholarships, Bursaries & Awards Guide](#) under the *Demonstrated Engagement* category.

To be considered for these awards:

- 1) Fill out the [online Scholarships, Bursaries, Awards application](#) and
 - 2) Complete this worksheet. Ensure all of your text fits within the provided text box (625 character limit).
- Many different types of pursuits may be considered involvement and engagement with your community and on campus
 - Use this worksheet to outline the relevant activities you regularly volunteer or participate in (e.g. school clubs, tutoring, mentoring, working with children, working with volunteer organizations, taking initiative in building a better community, etc.). Involvement in organized sports, such as coaching or participating as part of an athletic team, may also provide a strong contribution to your school or community and could be included on this worksheet.
 - For each activity, indicate if you were motivated to participate by a scholastic requirement or your personal interest.
 - Complete this worksheet electronically and email it to finaid@capilanou.ca from your CapU student email account.

Name/type of activity	Details about the activity, your specific role, the results of your participation, the leadership goals you achieved, etc.	Dates (mm/yyyy)		Total Hours
		Start	End	
<i>Example</i> Western Streamkeepers Society	<i>Example</i> - The Streamkeepers Society helps maintain fish habitats by keeping streams clean - My role is to help remove garbage from various creeks with pre-school aged children. My participation is resulting in cleaner fish habitats and helping young children build a better understanding of our ecosystem - I brought forward a proposal for the expansion of the society. The society endorsed and adopted my proposal, and I am leading the expansion initiatives by overseeing the activities I proposed. The activities are...	<i>Example</i> 01/2022	<i>Example</i> (present)	<i>Example</i> 160 hrs. (average 2 hrs per week, for 10 months a year, over 2 years)

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Attach additional pages as needed

Applicant Declaration

I understand that this worksheet forms part of my application for Fall 2026 Scholarships, Bursaries, and Awards at Capilano University. As such, the applicant statement I agreed to on my Fall 2026 online award application is in effect for this Worksheet.

 APPLICANT SIGNATURE

 DATE

Financial Aid & Awards
finaid@capilanou.ca

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