

Class No.:	
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CLASSIFICATION

ATHLETIC THERAPIST

NATURE AND SCOPE OF WORK:

Reporting to the Director, Athletics & Recreation, the Athletic Therapist will assess injuries and conditions to promote an environment conducive to optimal healing in preparing the athlete for safe reintegration into competition. As an Athletic therapist at CapU, there are a variety of duties that one must undertake. These duties include but are not limited to the areas of Prevention, Assessment, Intervention, Practice Management and Professional Responsibility.

ILLUSTRATIVE EXAMPLES OF DUTIES

- Provide information on risks and corrective actions associated with participation in fitness and sport programs, workplace ergonomics and musculoskeletal injury prevention in both the active lifestyle and workplace settings.
- Facilitate physical conditioning by coordinating the design and implementation of programs to reduce the risk of injury, illness, or health-related conditions.
- Formulate an Athletic Therapy diagnosis by interpreting the mechanism of injury, determining signs, and symptoms.
- Assess injuries and conditions, using contemporary rehabilitative techniques, therapeutic modalities, soft tissue mobilization, physical reconditioning, and supportive strapping procedures to promote recovery.
- Provide guidance and support to student athletes in the treatment, rehabilitation and reconditioning of injuries, illnesses and/or health-related conditions to facilitate recovery, function and/or performance.
- Use an information management system to maintain appropriate medical records/documentation to comply with accepted guidelines and best practices.
- Adhere to policies and procedures for the delivery of services to promote safe participation, timely care, and legal compliance.
- Adhere to statutory and regulatory provisions for the practice of Athletic Therapy by maintaining an understanding of these provisions and responsibilities to contribute to the safety and welfare of the public
- Monitor, dispense, order and catalogue medical supplies used during the year.
- Conduct preseason assessments for all athletes at the beginning of each season prior to the athletic league commencing.
- Ensure all medical documentation is completed through PRIVIT software and athletics agreement and consent forms completed prior to league beginning.
- Function as a liaison between student athletes and coaches

- Develop an Athletic Therapy student trainer working group to assist at team practices
- Plan and coordinate the scheduling of student field/court therapists for coverage at required practices
- Provide athletic therapy services at athletic team (the “Blues”) practices for each of the six teams, developing a weekly practice attendance schedule with coaches which will meet the needs of the athletes.
- Create, update, and maintain electronic and hard copy patient charts, injury, and treatment records
- Provide services at all Blues home games for the sports of soccer, volleyball, and basketball.
- Provide services at all Blues games during the Provincial Championships and National Championships
- Monitor the rehabilitation and treatment of injured athletes.
- Complete the Incident Report Form when injuries occur.
- Travel with the teams to various league athletic events where possible.
- Develop and maintain a sport medicine procedures/policy manual for Blues Athletics.
- Collaborate with the Strength and Conditioning Facilitator to assist in injury rehab and prevention.
- Provide an Athletic Therapy position year- end report each Spring.
- Exchange technical and medical information with colleagues, athletes, coaches and allied medical practitioners.
- Educate and inform coaches and the Strength and Conditioning Lead through weekly reporting regarding problems of physical condition to prevent injury occurrence
- Remain current with frequent advances in medical care and therapeutic techniques

REQUIRED KNOWLEDGE, ABILITIES & SKILLS

- Intermittent periods of data entry to update and maintain patient records.
- Ability to ensure adherence to quality standards and procedures for students and volunteers.
- Providing recommendations regarding the selection and fitting of therapeutic equipment
- Ability to deliver presentations and information seminars to student athletes.
- Ability to act as a liaison between student athletes and coaches.
- Ability to provide information on appropriate exercise and rehabilitation programs.
- Ability to occasionally work outside when providing medical coverage for athletic events and activities.
- A typical workday consists of up to 2 hours of moderate physical effort for activities such as:
 - Ability to work in awkward or constrained physical positions while conducting treatments.
 - Ability to stand for longer periods to conduct treatments and assess injuries.
 - Ability to perform repeated manual therapy techniques on patients.
- A typical workday consists of greater than 3.5 hours of high mental effort for activities such as:
 - Ability to interview patients and conduct physical examinations.
 - Ability to recognize, assess, manage, and rehabilitate musculoskeletal injuries.
 - Ability to initiate, design and implement specialized therapy programs.
 - Ability to occasionally work outside when providing medical coverage for athletic events and activities.
 - Ability to frequently deal with simultaneous requests and unpredictable interruptions.
 - Ability to perform repetitive movements when conducting therapy treatment on patients.
 - Ability to lift and move awkward and heavy objects.

As a member of the athletics support staff team at Capilano University, the Athletic therapist will be required to follow the general policies for coaches and comply with the Coaches Code of Conduct as presented in the Coaches Handbook. Although the role is primarily sports-related, the primary purpose of the University is

education. Support staff are required to model behavior that reflects high ethical standards during practices and contests.

REQUIRED TRAINING & EXPERIENCE

- Completion of a bachelor's degree in Athletic & Exercise Therapy
- Requires a minimum of 3 years of relevant experience preferably in a post secondary varsity or elite athletic setting.

REQUIRED LICENCES, CERTIFICATES & REGISTRATIONS

- Certified Canadian Athletic Therapist (CATA certified)
- The Athletic Therapist shall provide a current criminal record check, a current driver's abstract, and maintain a clean driving record with a valid class 5 (five) BC Driver's License.