

Capilano Excellence Scholarships (CAPX)

Capilano Excellence Scholarships (CAPX) are the premier full-ride entrance scholarships at Capilano University. Up to 10 of these scholarships are offered each year, and they are awarded to high school graduates who have demonstrated excellence in academics and shown leadership in their school and community.

To apply for the Capilano Excellence Scholarship (CAPX):

1. [Apply](#) to CapU
2. Fill out the [online Entrance Awards application](#)
3. Submit the following supporting documents to the Financial Aid & Awards office:
 - a. CAPX Essay
 - b. CAPX Reference Letters
 - c. Community and Campus Involvement Worksheet

Instructions for completing the supporting documents are on the following pages.

Supporting documents must be submitted together as one package that includes your full name and Capilano University student number.

You should submit your supporting document package by email to finaid@capilanou.ca in PDF format only (zip files preferred) or postal mail to the address at the bottom of this page.

Questions about CAPX application requirements should be directed to Financial Aid and Awards at finaid@capilanou.ca

The deadline to apply for entrance awards and submit your supporting documents is March 31, 2018

Capilano Excellence Scholarships (CAPX)

Supporting Document Instructions

a. CAPX Essay Topic

What is the best teaching and learning experience you have had and why was it so effective from your perspective? What was a teaching and learning experience that was challenging for you, and how did you handle the situation?

Your essay should be typed and approximately 750-1500 words in length. Indicate **CAPX Essay** on your essay, and ensure you include your full name, CapU student ID, and the essay topic at the top of the first page. Be sure to edit and proofread your work for content, sentence structure, grammar, spelling, punctuation, etc.

b. CAPX Reference Letters

Two letters of reference are required:

1. One letter of reference from a member of your high school (teacher, coach, etc.)
2. One letter of reference from an individual that has had direct involvement in some aspect of overseeing your community involvement and/or leadership activities (no family members).

Your reference letters should include the date they were written and contain contact information for the referee. The letters should be submitted as part of your supporting document package; they do not need to be submitted directly from your referees and are not required to be in sealed envelopes.

You should mark your letters with **CAPX Reference Letters** at the top, and ensure that your full name and Capilano University student number are on both letters.

c. Community and Campus Involvement Worksheet

Your worksheet should illustrate the activities/volunteering you regularly participate in that demonstrate your leadership skills and engagement within your community and school.

Be sure to include the date you started (and ended, if applicable) each activity and the total number of hours that you dedicated to each activity between the start and end date. Use additional pages if your activities don't fit on one page.

Complete the worksheet electronically; handwriting is not permitted. The worksheet is available on the following page of these instructions.

Note: when you submit your completed worksheet, you are also put into the running for the following entrance awards – you do not need to submit a separate *Community and Campus Involvement Worksheet* for these entrance awards:

- Canadian Daughters' League - Marjory and George Riste Entrance Award
- Chartwells Indigenous Entrance Award

Community and Campus Involvement Worksheet

Capilano University administers a number of entrance awards that support students who demonstrate leadership skills and engagement within their communities and schools. These awards are listed in the [Scholarships, Bursaries & Awards Guide](#) under the *Demonstrated Engagement* category.

To be considered for these awards:

- [apply](#) to CapU; and,
- fill out the [online Entrance Awards application](#); and,
- complete this worksheet.

Submit your worksheet by email to finaid@capilanou.ca (in PDF format) or postal mail to the address at the bottom of this page. **The deadline to apply for entrance awards and submit your worksheet is March 31, 2018**

Many different types of pursuits may be considered activities that demonstrate your leadership skills and involvement with your community and on campus. Use this worksheet to outline the relevant activities you regularly volunteer or participate in (e.g. school clubs, tutoring, mentoring, volunteering, taking initiative in building a better community, etc.). Involvement in organized sports, such as coaching or participating as part of an athletic team, may also demonstrate leadership and provide a strong contribution to your school or community and could be included on this worksheet. Indicate the date you began (and completed, if applicable) the activity, the total number of hours involved to date, whether you were motivated to participate in the activity by a scholastic requirement or your personal interest, the leadership goals you are achieving, and your role in the activity.

Complete this worksheet electronically; no handwriting. Attach additional pages as needed to record all of your activities.

Name/type of activity	Details about the activity, your specific role, the results of your participation, the leadership goals you achieved, etc.	Dates (mm/yyyy)		Total Hours
		Start	End	
<i>Example</i>	<i>Example</i>	<i>Example</i>	<i>Example</i>	<i>Example</i>
Western Streamkeepers Society	<ul style="list-style-type: none"> • <i>The Society helps maintain fish habitats by keeping streams clean. My role is to help remove garbage from various creeks with pre-school aged children. My participation is resulting in cleaner fish habitats and helping young children build a better understanding of our ecosystem</i> • <i>I brought forward a proposal for the expansion of the society. The society endorsed and adopted my proposal, and I am leading the expansion initiatives by overseeing the activities I proposed. The activities are...</i> 	01/2016	(present)	160 hrs. (average 2 hrs per week, for 10 months a year, over 2 years)

Community and Campus Involvement Worksheet

STUDENT NUMBER	EMAIL ADDRESS
FIRST NAME	LAST NAME

Name/type of activity	Details about the activity, your specific role, the results of your participation, the leadership goals you achieved, etc.	Dates (mm/yyyy)		Total Hours
		Start	End	

Page _____ of _____

Attach additional pages as needed

Applicant Declaration

I understand that this worksheet forms part of my application for 2018/2019 Entrance Awards at Capilano University. As such, the applicant statement I agreed to via the 2018/2019 online entrance award application are in effect for this Worksheet.

 APPLICANT SIGNATURE

 DATE