

Community and Campus Involvement Worksheet

Capilano University administers a number of entrance awards that support students who demonstrate leadership skills and engagement within their communities and schools. These awards are listed in the [Scholarships, Bursaries & Awards Guide](#) under the *Demonstrated Engagement* category.

To be considered for these awards:

- [apply](#) to CapU; and,
- fill out the [online Entrance Awards application](#); and,
- complete this worksheet.

Submit your worksheet by email to finaid@capilanou.ca (in PDF format) or postal mail to the address at the bottom of this page. **The deadline to apply for entrance awards and submit your worksheet is March 31, 2018**

Many different types of pursuits may be considered activities that demonstrate your leadership skills and involvement with your community and on campus. Use this worksheet to outline the relevant activities you regularly volunteer or participate in (e.g. school clubs, tutoring, mentoring, volunteering, taking initiative in building a better community, etc.). Involvement in organized sports, such as coaching or participating as part of an athletic team, may also demonstrate leadership and provide a strong contribution to your school or community and could be included on this worksheet. Indicate the date you began (and completed, if applicable) the activity, the total number of hours involved to date, whether you were motivated to participate in the activity by a scholastic requirement or your personal interest, the leadership goals you are achieving, and your role in the activity.

Complete this worksheet electronically; no handwriting. Attach additional pages as needed to record all of your activities.

Name/type of activity	Details about the activity, your specific role, the results of your participation, the leadership goals you achieved, etc.	Dates (mm/yyyy)		Total Hours
		Start	End	
<i>Example</i>	<i>Example</i>	<i>Example</i>	<i>Example</i>	<i>Example</i>
Western Streamkeepers Society	<ul style="list-style-type: none"> • <i>The Society helps maintain fish habitats by keeping streams clean. My role is to help remove garbage from various creeks with pre-school aged children. My participation is resulting in cleaner fish habitats and helping young children build a better understanding of our ecosystem</i> • <i>I brought forward a proposal for the expansion of the society. The society endorsed and adopted my proposal, and I am leading the expansion initiatives by overseeing the activities I proposed. The activities are...</i> 	01/2016	(present)	160 hrs. (average 2 hrs per week, for 10 months a year, over 2 years)

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STUDENT NUMBER	EMAIL ADDRESS
FIRST NAME	LAST NAME

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		Start	End	

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Attach additional pages as needed

Applicant Declaration

I understand that this worksheet forms part of my application for 2018/2019 Entrance Awards at Capilano University. As such, the applicant statement I agreed to via the 2018/2019 online entrance award application are in effect for this Worksheet.

 APPLICANT SIGNATURE

 DATE

*Financial Aid & Awards
 Registrar's Office – Birch Building, Room 230
 2055 Purcell Way, North Vancouver, BC V7J 3H5*