

CAPILANO UNIVERSITY COURSE OUTLINE			
TERM:	Fall 2015	COURSE NO:	PSYC 300
INSTRUCTOR:		COURSE NAME: PSYCHOLOGY OF INTERPERSONAL RELATIONSHIPS	
OFFICE:	LOCAL:	SECTION NO(S):	CREDITS: 3
E-MAIL:			

COURSE FORMAT:

Three hours of class time, plus an additional hour delivered through on-line or other activities for a 15 week semester, which includes two weeks for final exams.

COURSE PREREQUISITES:

45 credits at 100 or higher including PSYC 100 and PSYC 200 as a pre- or co-requisite.

COURSE DESCRIPTION:

This course will address topics in the area of interpersonal relationships, especially romantic or close friendship relationships and family relationships. It will include theories and research about the stages and processes of the development, maintenance, disruption or dissolution of personal relationships.

COURSE LEARNING OBJECTIVES:

Successful students will:

- Demonstrate (in exams, written assignments and original research) a breadth and depth of knowledge of current research and theory in interpersonal relations, assessed through exams and assignments.
- Demonstrate research skills, critical thinking, and analytical and synthesis skills in evaluating research within the field, and in applying the concepts. These are assessed in exams and the essay assignment evaluating current research studies.
- Communicate their research, analyses and applications in written formats.
- Complete both independent and cooperative assignments (in exams, essay and 4th hour assignments).
- Demonstrate an ability to apply the course concepts to deepening their understanding of personal relationships in their life and work.

REQUIRED TEXTS:

Berscheid, E. & Regan, P. (2005). *The psychology of interpersonal relationships*. (e-book on Course-Smart). Los Angeles: Prentice Hall. (Selected chapters).

Duck, S. (2007). *Human relationships*. (4th ed.). Sage Publ. (Selected chapters).

Articles will be assigned during the course (links to these articles will be available on the Moodle course website).

Go to the course web site for the course syllabus & assignments, class outlines, resources, handouts, 4th hour activities & exam study questions. Access from <http://moodle.capilanou.ca>

COURSE CONTENT:

Week	Topics	Readings
1-2	Introduction: Need to belong & importance of relationships & social support Varieties of relationships	Duck: pg 1-12 Article #1 Berscheid: Chapter 5 pg 140-152
2	Essence of relationships: Attachment theory & bonding	Berscheid: Chapter 1 Duck: Chapter 2
3	Essence of relationships: Theories of social interaction; communication styles Cognitive, affective & dispositional influences	Berscheid: p 95-103 Duck: Chapter 3 pg 72-77
4-5	First relationships: Family (children, parents, siblings)	Article #2 Duck: Chapter 4 pg 122-138 Berscheid: pg 133-140
5-6	Friendship relationships	Duck: Chapter 3 Berscheid: pg 153-154
7	Midterm	
8-9	Intimate relationships: Romantic & marital Initiation stage & interpersonal attraction	Berscheid: Chapters 6, 11
9-10	Relationship maintenance & growth	Berscheid: Chapter 7
11	Other relationships: Strangers, acquaintances, co-workers	
11	Care-giving & receiving relationships Difficult relationships Relationships with non-humans	Article #3 Duck: Chapter 7 Berscheid: Chapter 5 pg153-157
12	Effects of technology on contemporary relationships	Duck: Chapter 6
12-13	Relationship satisfaction/dissatisfaction; conflict styles distressed relationships, relationship dissolution	Berscheid: Chapters 13 & 14 Duck: Chapters 4,7
14-15	Exam Period	

EVALUATION PROFILE:

4 th Hour activities	20%
Essay	20%
Midterm Exam	30%
Final Exam	<u>30%</u>
Total	100%

GRADING PROFILE:

A+ = 90 - 100%	B+ = 77 - 79%	C+ = 67 - 69%	D = 50 - 59%
A = 85 - 89	B = 73 - 76	C = 63 - 66	F = 0 - 49
A- = 80 - 84	B- = 70 - 72	C- = 60 - 62	

COURSE REQUIREMENTS:

Exams: The midterm and final exams will contain multiple choice, short answer, and short essay questions.

4th Hour Equivalent Activities :

A handout detailing the 4th hour equivalent activities will be handed out in the first class and will take about an hour a week to complete. Fourth hour activities include: a) constructing a geneogram of your family of origin; b) constructing a sociogram of friendships; c) an interview with a long-term couple and report; d) a variety of interpersonal exercises; e) analyses of narratives of interpersonal romance/friendship & of interpersonal conflict in popular culture media.

Essay: This assignment is an essay summarizing current research on one aspect of interpersonal relations, in APA style. Further details will be handed out in class.

OPERATIONAL DETAILS:

Capilano University has policies on Academic Appeals (including appeal of final grades), Student Conduct, Cheating and Plagiarism, Academic Probation and other educational issues. These and other policies are available on the University website.

Attendance: Students are responsible for all announcements made in class or on the course web site and for all material on the course outline. Although instructors may discuss only portions of a chapter in class, students are responsible for studying all of each chapter listed on the course outline.

Appropriate university level behaviour is expected (see the Capilano University Calendar), including professional and respectful classroom conduct. Turn off your cell phones and use your laptop only to take notes on class material.

Missed Exams: Make-up exams are given only in exceptional circumstances and with prior notice to the instructor. A penalty of up to 20% will be levied on those make-up exams when granted. However, submissions for waiver of late penalties for exceptional circumstances may be presented, in writing, with the appropriate documentation, to the Psychology Department.

Late Assignments: Due dates for papers and assignments will be announced and guidelines will be distributed in class.

All papers must be submitted directly to the instructor at the beginning of the class period. Late papers will be penalized according to the number of days delayed, up to 20% for one week. No papers will be accepted later than one week except under exceptional circumstances.

Cheating and Plagiarism:

The psychology department adheres to the definition of cheating and plagiarism found in the Study Policy Handbook which students are responsible for obtaining. Cheating and plagiarism will result in a grade of zero, either for the assignment or the entire course, and will be reported to the Dean.

Incomplete Grades: Incomplete grades will be given only in exceptional circumstances, and require the approval of the Psychology Department rather than your instructor.

Confidentiality: The psychology department adheres to professional standards of ethics and confidentiality. Personal information that you give to an instructor would not normally be shared with anyone outside the department without your authorization. However, there are a few exceptional circumstances in which an instructor may be required by law to disclose information about you, e.g. if there is an indication that a minor (under the age of 19) is being abused sexually or physically, or neglected; or, disclosure of information is made necessary for legal proceedings; and certain other circumstances about which you may inquire.

English Usage: Academic writing skills are required in all assignments. American Psychology Association (APA) writing guidelines, including the use of non-sexist language, must be followed.

All assignments must be original and must be used for this course only. Keep a copy of all work and hand in the original which must be typed.

Electronic Devices: Laptops are permitted in the classroom for note-taking purposes only. No personal electronic devices (cell phones, pagers, calculators, electronic dictionaries, etc.) may be used during an examination. During an exam, turn off all cell phones and pagers and put them away.

Emergency Procedures:

Please read the emergency procedures posted on the wall of the classroom.